

# College Sailing & Leadership Expedition

## eCHO

Live aboard  
monohull  
sailboats

Details	Program	Start	End	# days	Tuition
Age: HS Seniors & College	Echo 1	May 23	Jun 5	14	\$3,795
Location: British Virgin & Leeward Islands	Echo 1 with OW Certification	May 21	Jun 5	16	\$4,095
Arrive/Depart: St. Thomas (STT) or alternatively Beef Island Airport, Tortola (EIS)	Echo 2	Jun 8	Jun 21	14	\$3,795
	Echo 2 with OW Certification	Jun 6	Jun 21	16	\$4,095

**Echo candidates are college students and recent high school graduates** who come to us looking to bring out the leader within, so our staff teach the best principles of leadership by their own example. On this outdoor adventure education program, you'll see that with freedom comes responsibility and you'll be given plenty of both. Facilitated by our senior sailing staff, you and your crew will plan your own voyages and navigate your 50' monohull sailboat through the tropical paradise of the British Virgin Islands, with extended passages to St. Martin in the Leewards. Echo is our most challenging adventure program, preparing college students for future leadership roles. Whether or not you arrive with prior sailing knowledge, you will find yourself in the driver's seat from day one, and you'll take charge of every aspect. The only limit to the Echo experience is your own imagination.

**The British Virgin Islands are world renowned** for their sailing conditions. You'll start and end in the BVI, and also challenge yourself on extended voyages to the remote island of Anegada and 90 miles east to Saba, St. Barths and St. Martin in the Leewards. You'll be amazed to snorkel the famous Baths, glide over and through spectacular rock formations at the Indians. Then, get ready for passage making under the stars on a night sail to the Leewards - you're in control, contributing to the decision-making all the way. Where will you set sail for next?

**You have the makings of a leader.** We'll empower you to think, work, and create. We'll concentrate on developing skills that enable you to become a valuable team member, role model and teacher. Our staff members are seasoned experts that will also take you to an advanced sailing level and hone your seamanship skills. Two students will be assigned on a rotating basis to the roles of Captain and Mate and be completely responsible for creating the schedule, running the ship and leading the group throughout the day. It's your time to excel!

**Four semester credits in Adventure Education** are available through Prescott College for this curriculum specifically focused on leadership, teaching methods, youth mentoring, advanced sailing and seamanship, and safety and emergency management. Crewmembers are expected to participate fully and at a level that is reflective of their maturity and professional goals. There are daily evaluations and students are expected to make genuine efforts to improve their skills. We expect you to contribute to all organized activities and act responsibly towards the safety and well being of the crew and ship.

**Although the focus is preparing you for future leadership roles,** we still have plenty of time to simply enjoy the Caribbean surroundings. With snorkeling, hiking, island exploration and team

challenges, there will also be free-time activities at every harbor. You'll also 'give back' to the islands we visit through community service projects. In the evenings, we will sometimes have social events - dancing to a local band, or dinner at a local beach restaurant where we can sample genuine island cuisine.



*"My greatest accomplishment was overcoming my fear of leading, and increasing my own self-confidence."*

*Chris Decker, age 20  
Morristown, NJ*



	Scuba Diving Options							Optional Courses		
	Discover Scuba	Recreational Diving	Open Water (OW)	Advanced Open Water	Dive Specialties	EFR	Rescue Diver	DMJ/OWSI	ASA Basic Keelboat	Academic Credit
Echo 1	✓	✓							✓	✓
Echo 1 w/ OW Cert.		✓	✓						✓	✓
Echo 2	✓	✓							✓	✓
Echo 2 w/ OW Cert.		✓	✓						✓	✓

### Optional Courses

Echo students can deepen their experience by taking one of two scuba diving options, Discover Scuba Diving for beginners or Recreational Diving for those already certified. Additional fees apply. The pace and curriculum of Echo adventures are fairly intensive, so you'll really enjoy the beauty and serenity of the underwater world. Diving services are provided by Sail Caribbean Divers, our own year-round 5-Star IDC Dive Center on Tortola, and trusted dive partners in the Leeward Islands.

Basic Keelboat Certification and Academic Credit through Prescott College are also available.